

...the philosophy behind the Art of Pampering

The Art of Spa experience is the embodiment of our extensive research into traditional Asian cultures of health and well being.

An Art of Spa is a sanctuary designed to peel away the layers of daily stress with select restorative and rejuvenating therapies that combine the best of time tested holistic treatments.

Our treatments draw inspiration from the rich heritage of Ayurveda, the ancient Indian science of life as well as from European health concepts, Aromatherapy and traditional home remedies found throughout South-East Asia.



The Art of Spa menu includes a wide array of classic and new treatments massages, scrubs, wraps, facials, various baths, foot and hand care, slimming, toning and firming as well as exotic features such as Vichy shower and Floatarium spa experiences. We also have fitness programs, special spa restaurant menus, fruit and vegetable juices and of course an extensive range of spa products for sale in our spa boutiques.

We always seek to incorporate local traditions in our treatment menus, décor and operation.

Most of all – The Art of Spa provides an unparalleled personal care concept tailormade to the requirements of the individual resort or hotel.

